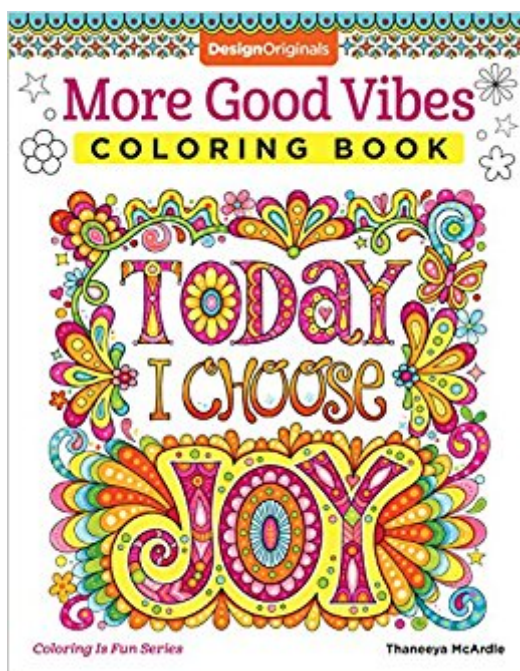


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# More Good Vibes Coloring Book (Coloring Is Fun)



## Synopsis

Coloring is great but it's even better when you color uplifting messages that brighten your mood and lift your spirits! Popular teacher and writer Thaneeya McArdle proves that that art is fun with infectious enthusiasm and a quirky sense of humor that make coloring a treat. Loaded with positive messages and motivating words, her amazing sequel to Good Vibes Coloring Book will take you to a happy place of patterning, shading, and coloring. It includes handy guides to coloring techniques like patterning, combinations, and shading. Guided Coloring Pages make coloring easy for beginners, with beautifully colored examples and ready-to-use color palettes. Perfect for decorating with all of your favorite coloring implements, each design is printed on one side only of archival-grade, acid-free, 200-year paper. Perforated pages detach easily for gifting or display. This book has earned the DO Magazine Artist Fair Trade Seal of Approval.

## Book Information

Series: Coloring Is Fun

Paperback: 80 pages

Publisher: Design Originals; Clr Csm edition (February 7, 2017)

Language: English

ISBN-10: 149720206X

ISBN-13: 978-1497202061

Product Dimensions: 8.4 x 0.4 x 10.7 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 44 customer reviews

Best Sellers Rank: #55,214 in Books (See Top 100 in Books) #79 in Books > Self-Help > Art Therapy & Relaxation #514 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups #1202 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

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Experience your own personal art lesson with oodles of tips and techniques on how to decorate

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[Techniques](#) Doodling and patterning are wonderful ways to embellish your images to make them unique to you and really stand out! You can add doodles to a design before coloring or after. Adding doodles after coloring works best on designs colored with markers. [Shading](#) Doodling and

patterning are wonderful ways to embellish your images to make them unique to you and really stand out! You can add doodles to a design before coloring or after. Adding doodles after coloring works best on designs colored with markers.

**Blending** Blending allows you to make smooth transitions between different tints and shades of a color when shading, and even between two different colors when creating gradients. Here are some simple techniques to produce flawless blends.

**Color Theory and Combinations** Do you ever ask, "What colors should I use?" The fun thing about coloring is that there is no such thing as right or wrong. You can use whatever colors, wherever you want! Coloring offers freedom to explore a whole world of possibilities. If you're looking for a little guidance, it is helpful to understand some basic color theory.

About Thaneeya I was born in the summer of 1979, and six weeks later experienced my first intercontinental plane ride. I've been hooked on travel ever since. I learned to walk in Saudi Arabia, stayed with a tribal village family in India, visited a civil war refugee camp in Sri Lanka, had my palm read in Nepal, floated on a bamboo raft down a Thai river, picked wild berries in rural Wales, co-founded a Buddhist-inspired eco-retreat center in the south of France, and got married under a basswood tree in Australia. And that's just part of it! The world offers us an amazing variety of experiences - cultures to explore, places to see, differences to appreciate. Art is my way of assimilating and interpreting the world around me. Through art, I process my external experiences, reflect on my inner experiences and merge the two together in a visual union that I share with the world. I truly hope that through my art you will be inspired to create your own art, and/or be encouraged you to share your unique vision with the world in some other creative way!

on vibrantly detailed whimsical art. Thaneeya operates Art-Is-Fun.com, an art instruction website.

I have bought every book by this artist and I can't wait until she comes out with more. I love her designs and all of the detail she puts into the drawings. If you are looking for super cute/girly coloring books I would for sure recommend any of her books to you. I loved all the quotes that were in this book. I loved that after I was done coloring some of these pages I was able to put them up on the wall and at my desk at work.

This is another fun coloring book Thaneeya McArdle. I own several of her books have always have a fun time with them. This is a second book of feel good and inspiring messages "Good vibes". I don't own the first in this series but am having a great time coloring in this book. There are cute designs with sayings and the back of the page has quotes by famous individuals and unknowns which range from inspiring to funny. I noted that the back of the page is now back in gray rather than colors. I prefer that as sometimes the color could show through to the front of the page depending on which medium I work with. Once again, I love the designs in this book but am less than pleased with the fact that the publisher is printing 8 of the designs in less than full size. They have included a thumbnail color sample, some sample colors used in their design for inspiration and a few words to talk about the colors. It takes up the bottom 2.5 inches of the page. This information could be printed on a separate page or on the actual color sample page rather than on the coloring page. In this book, it makes less of a difference than in other books. The designs can still be colored as there aren't tiny elements but I would much rather color a full page designs. As the designs are not difficult to color, I won't detract any stars from my review. This is what I found while coloring in this book and testing the paper with my coloring medium.

32 Inspiring and feel good sayings with fun designs " 24 Full Size and 8 Medium Size Printed one side of the page " back of page has soft gray design, journal lines and a quote appropriate to the subject of the coloring book Paper is medium weight, white, slightly rough and perforated Glue Binding Designs stop well before the perforations Alcohol-based markers bleed through the page quickly. Water-based markers bleed through the page in heavy spots. Gel pens and India ink pens can spot through to the back of the page Colored pencils work well with the paper. Both oil and wax based pencils provide good color, layer, and blend well. Hard lead pencils can dent through the page. I use a blotter page of card stock or heavyweight paper (two sheets) to keep seeping ink and dents from marring the pages below. I recommend using a blotter or that you remove pages before coloring.

Lots of fun pages to color with happy quotes. Coloring page is printed on one side of paper and back includes nice quote. Includes helpful tips for coloring and several colored samples as inspiration. I like Thaneeya's fun inspirational pages.

I love Thaneeya's books and this one doesn't disappoint! Excellent!

I love coloring as a form of meditation. After or during a stressful day I bring out my coloring books and markers, (I prefer using a combination of permanent markers along with pencils when I color), and focus in on choosing the right shades and keeping it inside the lines, etc. It is extremely relaxing for one who does not have a lot of natural artistic talent. This particular book is one of the best out there. Not only is it fun to color letters, but the author, Thaneeya McArdle, gives some great tips on pattern techniques, shading, blending, color theory, and color combining along with her outstanding, fun and insightful illustrations. I would recommend any of her other coloring books. I also have purchased "Live For Today" and it is just as wonderful. Adult coloring for meditation, or just for fun, is a simple and inexpensive hobby and it incredibly relaxing, calming and the perfect way to unwind after a strenuous day.

This is more for diyers looking to take the paper crafting up a notch by patterning their own letters. I love the idea but it did not come off as a work book. I was hoping there were pre-ordained patterns I could make nice gifts with without the burden of obsessing too much about it. Color guides are all the rage in the newborn Adult Coloring world and there are a few in here that have those pre-selected templates. The lettering is cute and the sentiments are pretty basic without being cheesy and therefore it's a safe buy if you want to make some thoughtlessly creative presents to loved ones.

Thaneeya's work is delightful - lots of big, sweeping lines which I really enjoy. The pictures don't extend beyond the perforated edge, which I also appreciate a lot. I like the sayings she has incorporated into the pages, along with helpful hints on how to create different effects with color. On the back of each page are small pieces of art and a catchy phrase. You could certainly add your own art to those pages, if you wished, probably depending on your medium I've been doing coloring for maybe around a year now and completed the original Good Vibes book some months ago, had a great time with this one and am working in Fun and Funky, also by Thaneeya., which has other improvements. I use only colored pencils so I can't speak to how good the pages resist

bleed-through of other media. I hope there will be more of Thaneeya's books to come. I was suspicious when I first learned of coloring being so rewarding and relaxing. Well, at least for me, those words are completely true. I send some to family and friends and so far, the reaction has been all positive. Coloring has encouraged me to resume the drawing and painting I did years ago. All around, adult coloring is a winner.

I have bought several books from this brand and I usually love them. The problem with this book in particular is that several of the pages have a coloring guide that takes up the bottom portion of the page; which oddly enough are the pages I want to color the most. I don't see the point in putting coloring guides on pages with pictures as there are several pages at the beginning of the book that do the same thing. I wish they would stop doing this, but I am seeing it in more books.

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